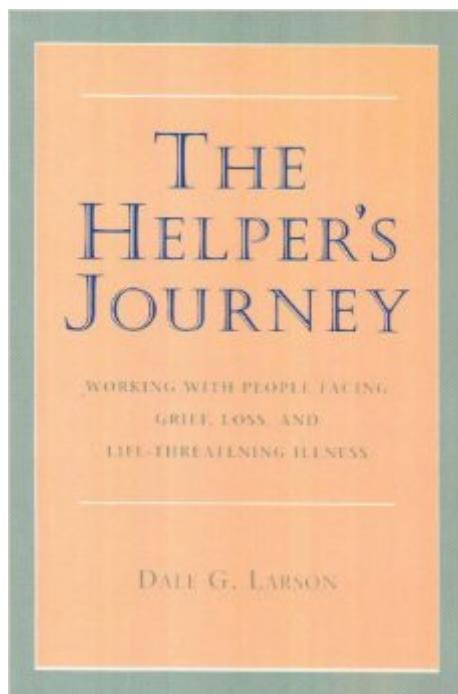


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# The Helper's Journey: Working With People Facing Grief, Loss, And Life-Threatening Illness



## **Synopsis**

This groundbreaking work, written for both professionals and volunteers, combines an inspiring view of helpers and helping with a focus on meeting the personal, interpersonal, and team challenges of caring for people facing grief, loss, and life-threatening illness. It teaches specific skills and strategies for stress management, effective helping communication, interdisciplinary teamwork, and increased personal and professional growth. Sensitively exploring the inner world of helping, this award-winning book includes numerous case examples and verbatim disclosures that powerfully convey the joys and sorrows of the helper's journey.

## **Book Information**

Paperback: 278 pages

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Average Customer Review: 4.6 out of 5 starsÂ  See all reviewsÂ  (5 customer reviews)

Best Sellers Rank: #66,319 in Books (See Top 100 in Books) #6 inÂ  Books > Textbooks > Medicine & Health Sciences > Allied Health Services > Caregiving #134 inÂ  Books > Self-Help > Death & Grief > Grief & Bereavement #239 inÂ  Books > Health, Fitness & Dieting > Psychology & Counseling > Counseling

## **Customer Reviews**

I was given this by a therapist friend while caring for my terminally ill mother. Every day was a tragedy I didn't understand... I didn't understand so much at first. This book was one of the few... of many.. that truly helped. By learning why my mother acted as she did sometimes, (badly), and why I, well, pretty much did the same helped us both. What I learned here allowed me to ease my mother's passage, and has in fact inspired me to finally get that nursing degree. This book would be a great gift for anyone in any helping profession, especially any kind of health care or caregivers.

This book was recommended to me by a social worker to review prior to me becoming a volunteer with a hospice organization. It was good material to be familiar with as I took my volunteer training and began volunteering with the hospice.

This book arrived in excellent condition and I bought it for under a dollar. It looked brand new. It is an easy read with a fresh perspective. As a Hospice nurse I found the feelings that a caregiver might be having as right on. I totally related to it. A must have for those who deal in end of life issues.

Great

ok

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